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# University of Pretoria Yearbook 2022

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## Motor learning and development II 221 (EXE 221)

<b>Qualification</b>	Undergraduate
<b>Faculty</b>	<a href="#">Faculty of Health Sciences</a>
<b>Module credits</b>	16.00
<b>NQF Level</b>	06
<b>Programmes</b>	<a href="#">BSportSci</a>
<b>Prerequisites</b>	EXE 120
<b>Contact time</b>	3 lectures per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Biokinetics and Sports Science
<b>Period of presentation</b>	Semester 2

### Module content

\*Closed - requires departmental selection

An analysis and critique of how motor learning is affected by adulthood and aging and how to design appropriate programmes to maximise motor skill acquisition.

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